

ELIZABETH F. DEROBERTIS, MS, RD, CDN, CDE, CPT

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Experience:

08/08 – Present

Scarsdale Medical Group, Scarsdale & Harrison, NY

Registered Dietitian, Certified Diabetes Educator, Insulin Pump Trainer

- Member of multidisciplinary team including over 30 physicians.
- Senior dietitian, providing individual consultation on all aspects of nutrition education, with a specialty in type 1 diabetes, type 2 diabetes, gestational diabetes, and weight management.
- Create and execute a proprietary 10-week weight loss program that has been highly successful in helping patients to lose a significant amount of weight and keep it off through our alumni and continued support programs.
- Conduct MEDGEM indirect calorimetry to assess basal metabolic rate.
- Responsible for the IPro program, including inserting the sensor, providing instructions for program, downloading sensor and providing physician with detailed report.
- Development of At Home Weight Loss Kit, including books, CDs, a pedometer, and other educational materials for patients available for purchase from within the office.
- Act as CDE for practice, conducting insulin pump education, continuous glucose monitoring education, initiation of insulin, blood glucose monitoring, and adjustment of insulin dosages based on blood glucose values.

04/07 – 08/08

Westchester Medical Group, White Plains, NY

Registered Dietitian, Certified Diabetes Educator, Insulin Pump Trainer

- Member of multidisciplinary team including over 100 physicians.
- Provide a team approach to diabetes care, as well as other disease states
- Develop individualized meal plans and appropriate behavior modifications for a variety of disease states including type 1, type 2, gestational diabetes, insulin pump therapy, hypoglycemia, weight loss, lipid-reduction, hypertension-reduction, and renal disease.
- Conduct classes and support groups for pump patients, GDM, type 2 diabetes and weight loss.

06/04 – 04/07

Endocrinology and Diabetes Associates, LLP, White Plains, NY

Registered Dietitian, Certified Diabetes Educator, Insulin Pump Trainer

- Member of multidisciplinary team including 4 Endocrinologists and 1 Nurse Practitioner.
- Provide a team approach to diabetes care, as well as other endocrine disorders and disease states
- Develop individualized meal plans and appropriate behavior modifications for a variety of disease states including type 1, type 2, gestational diabetes, insulin pump therapy, hypoglycemia, weight loss, lipid-reduction, hypertension-reduction, and renal disease.
- Educate patients regarding carbohydrate counting, carbohydrate to insulin ratios, and pattern management.
- Conduct classes and support groups for pump patients, GDM, type 2 diabetes and weight loss.

01/99 – 5/08

Frost & Sullivan, New York, NY

Contributing Editor for Technical Insights' Nutrition Research Newsletter

- Conduct monthly literature searches to identify current and reputable research.
- Abstract 10 articles monthly concerning up-to-date nutrition related research for national publication.

01/03 – 3/06

Endocrinology Associates, White Plains, NY

Registered Dietitian, Certified Diabetes Educator

- Work along side Endocrinologist & Internist in private practice setting.
- Conduct individual nutrition assessments and provide counseling to patients with a variety of disease states.
- Develop individual weight management programs, provide initial and ongoing diabetes education, educate regarding lipid lowering practices, measure and discuss blood pressure as well as laboratory values.

- Prescribe all-food programs, all-liquid diets, combination liquid & regular food diets, medication programs, weight maintenance programs.

Slim•Fast Foods Company, New York, NY

01/00 – 10/05

Manager Medical Marketing/Corporate Nutrition Program, Senior Registered Dietitian

- Responsible for the creation, coordination and dissemination of appropriate nutrition messages to the public.
- Protect the integrity of the nutritional messages throughout the communication channels.
- Responsible for the ongoing evolution of the Slim-Fast Plan, including nutrition profiles and communication.
 - Lead and develop a team of copywriters consisting of dietitians, exercise physiologists, chefs & physicians
 - Responsible for Slim-Fast Medical Department including medical trade shows & symposium, relationships with key opinion leaders, development & dissemination of education to health professionals regarding obesity
 - Support advertising agency by providing nutritional guidance for concept development, and providing final approval for commercial and print related content from nutrition/medical perspective.
 - Support public relations initiatives; act as company spokesperson.

Medical Associates East, PLLC, New York, NY

08/02 – 07/04

Registered Dietitian

- Worked along side an Internist and a Rheumatologist in private practice setting.
- Conducted individual nutrition assessments & provided counseling to patients with a variety of disease states
- Developed individual weight management programs, provided initial and ongoing diabetes education, educated regarding lipid lowering practices, measured and discuss blood pressure as well as lab values.
- Prescribed all-food programs, all-liquid diets, combination liquid & regular food diets, medication programs, weight maintenance programs.

Theodore B. VanItallie Center for Nutrition & Weight Management, St. Luke's Roosevelt, NY

06/01 – 08/02

Nutrition Coordinator

- Provided a three-pronged approach consisting of weight loss, weight maintenance, and workshops.
- Conducted individual initial assessments and determined appropriate weight loss program for client.
- Prescribed all-food programs, all-liquid diets, combination liquid & regular food diets, medication programs, weight maintenance programs, workshops, weekly classes and monitor patients enrolled in clinical studies.
- VanItallie Center closed August 2002.

Bronx Veterans Affairs Medical Center, Bronx, NY

11/98 – 1/00

Administrative Dietitian

- Served as liaison between clinical dietetics staff and food production.
- Supervised a staff of 70 food service personnel.

Internship:

Bronx Veterans Affairs Medical Center

08/97 – 08/98

Clinical Dietetics

- Performed screening, assessment, counseling and implementation of medical nutrition therapy to hundreds of veterans, involving nutrition support, AIDS, diabetes, renal, cardiology and pediatric nutrition.
- Developed and taught general nutrition, diabetes, cardiac health and hypertension classes to groups of patients and community senior citizen's programs.
- Created multiple forms of patient education materials, currently in use.
- Provided oversight to the **Summer Meals Program** throughout the 5 boroughs of New York City.
- Conducted study regarding nurses' knowledge of nutrition & perceived importance of the Dietitian.

Education & Certifications:

10/04 **Certified Insulin Pump Trainer**

10/03 **Certified Diabetes Educator**

04/01 **Certificate of Training in Adult Weight Management**

03/00 **Certified Dietitian Nutritionist**

04/99 **Registered Dietitian**

12/98 **New York University**, New York, NY
Master of Science in Clinical Nutrition

05/97 **New York University**, New York, NY
Bachelor of Science in Nutrition and Food Studies

Public Relations:

Guest Nutrition Guru, iVillage.com, January 2001 – October 2005
Food Network, Unwrapped, January 2004
WE Network, New Year, New You, January 2004
Dateline, Healthy Weight Loss Challenge, May 2003
In-Flight Video on Meal Replacements, Continental Airlines, January, 2003
Satellite Interview conducted on Fox Five News, March, 2002
In-Flight Video on Meal Replacements, Delta Airlines, December, 2001

Professional Affiliations:

American Dietetic Association, Greater New York Dietetic Association, New York State Dietetic Association, Westchester/Rockland Dietetic Association, American Diabetes Association National and Local Chapter, American Association for Diabetes Educators, Certified Diabetes Educators Practice Group of the American Dietetic Association, Nutrition Entrepreneurs Dietetic Practice Group of the American Dietetic Association, Kappa Omicron Nu National Honor Society –*past president*